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# theFairmonitor

current topics >>>

## 5 Way to Save Energy

- Turn off the fan when you leave a room
- Open window shades during the day
- Wash your clothes in cold water
- Wrap or cover food and drinks in fridge
- Always use cold water faucet, unless you really want hot water.

[www.fairmontassociation.com](http://www.fairmontassociation.com)

## How We Can Create A Strong Community

The secret of the bee's success in living together in a close-knit community is that each bee not only understands the interrelationships that exist between it and the rest of the members of its community, but is willing to accept some of the responsibility for the hive's prosperity by expanding their role in the community whenever necessary. As homeowners, we too can choose to recognize the interrelationships that exist between ourselves and our neighbors and how those interrelationships have a direct impact on our quality of life. We can also choose to take some of the responsibility upon ourselves to contribute to improving those relationships and in the process improve our community. In order for our community association to continue to protect, preserve and enhance our community assets and our property values, each member of our community has to acknowledge their role in our community and, at times, be willing to expand their role to take on some added responsibility.

So, let's all work at recognizing what roles we can choose to accept in our community and, like the bee, work together at making our community the best place to live that it can be!

## Keep an Eye on Your Mental Health

The COVID-19 pandemic has likely brought many changes to how you live your life, and with it uncertainty, altered daily routines, financial pressures and social isolation. You may worry about getting sick, how long the pandemic will last, whether you'll lose your job, and what the future will bring. Information overload, rumors and misinformation can make your life feel out of control and make it unclear what to do. For all of these reasons, it's important to learn self-care strategies and get the care you need to help you cope. Things like getting enough sleep, physical activity, eating healthy, avoiding tobacco, alcohol and drugs, limiting screen time, and relaxing can all help you recharge and take care of your mind. Keep a regular routine, and try to limit your exposure to news media. Keep a temperature on your mental health, and please seek care if you need it! Mental health is health!



## How to Clean Your Home

It takes only a few minutes, but cleaning high-traffic surfaces once a day can make a difference in preventing the spread of infection.

**How often should I do this?**  
Every day. (In between regular cleanings.)

**What if I don't have cleaning sprays or wipes?**  
Washing with soapy water should do the trick: a few drops of dish soap to eight ounces of water. Although soap and water will not kill all germs, scrubbing with soapy water should be effective in removing coronavirus and other germs from surfaces.

**How thorough do I have to be?**  
A spray and a vigorous wipe should do it, but don't get lazy here: You want to be sure you've gotten all the way around the doorknobs, for example.



**What's a high-touch surface?**

All those places where you and your family leave a million fingerprints every day. (Clean bathroom surfaces last.)

- Door knobs
- Light switches
- Refrigerator and microwave doors
- Drawer pulls
- TV remote
- Counters and table tops where you cook and eat
- Toilet handles
- Faucet handles

## President's Gavel

I hope everyone is staying healthy and safe during these most unusual times. It was wonderful to see the approval of two Covid-19 vaccines so hopefully we are moving toward a return of some normalcy. We have a number of new members who have recently purchased homes within the FSIA, and I would like to extend a special welcome you.

I would like to thank my fellow FSIA Board members and the Architectural Committee members for a job well done during 2020 and adapting well to all the ever-changing Covid-19 safety protocols. All Board and Committee members are volunteers and are not compensated for their time or services. They are homeowners just like you who work together for the best interests of the FSIA.

We are in need of additional FSIA members to serve on the FSIA architectural committee. The purpose of the architectural committee is to inspect the five subdivisions within the FSIA on a monthly basis. The committee awards spring and winter garden awards within each subdivision and a holiday illumination award. The committee reminds FSIA members when their residences need some attention such as exterior painting, lawn care, and the removal of trash cans and recycling bins from public view.

The committee has some vacancies which has made it difficult to get around to all residences on a regular basis and provide reports to the FSIA office manager to generate postcards and/or letters to ensure that all members continue to comply with the CC&R's. As you are well aware, property values have increased tremendously in Fairmont and it's in our mutual best interests to ensure that we continue to make the physical appearance of Fairmont the very best we can by rewarding those members who maintain and improve the appearance of their homes, and to remind those members whose homes need attention. The time commitment is very minimal (about 3 to 5 hours per month), and the existing committee members are wonderful to work with and will provide the utmost support to familiarize you with the committee's work.

If you are interested or would like some additional information, please contact our office manager, Kathy, at 650.359.5075 on Monday, Wednesday, or Friday between 9:00 a.m. and 1:00 p.m. Remember - we can't do it without you!

For the first time in FSIA history, the FSIA will have a District 1 City Council member representing the northern section of Pacifica which largely includes the subdivisions of the FSIA. The Board intends to reach out to the District 1 representative, Sue Vaterlaus, to advance the best interests of the FSIA.

Wishing you the very best for 2021!!

John A. Sebastinelli

## Stop That Spam!

Here are some tips to help prevent those annoying, unsolicited emails that we receive every day:

### **Never, ever bite.**

You should never respond to spam. Why? Well, if you do, you're simply letting the advertiser know that you are a prime target for even more spam. Advertisers who send spam in text format have no way of knowing whether or not you open and read their messages, unless you actually respond.

### **Unsubscribe with caution.**

You'll often find details about how to remove your name from a mailing list in the body of an e-mail message. This can involve replying to the sender with "unsubscribe" in the subject line or going to a Web site. The genuine marketers will usually honor your request and take your name off their mailing lists.

### **Variety is the spicy ham of life.**

If the spam in your in-box is out of control, and it's really getting you down, think about starting afresh with a brand new e-mail address.

### **If you can't beat it, eat it.**

Set up an address exclusively for spam. It sounds crazy at first, but there are some very fun and worthwhile activities online that are, unfortunately, total spam magnets—such as discussion boards. If you set up an address just for spam, you can then give out that address—instead of your main address—any time you expect spam to follow. Use it when you register at Web sites, enter a chat room, or post messages to discussion lists or newsgroups. If you faithfully keep this address just for junk mail

### **Snitch therapy.**

For most people, spam is mildly annoying, but to ISPs and network administrators, it's a major problem. All that spam hogs a tremendous amount of bandwidth, hardware resources, and labor hours. If you'd like to help stop spam at its source, you can take action in various ways. Before you do anything else, report spammers to your ISP.

### **Don't let spam get you down.**

Stop for a moment and take a deep breath. Perhaps the single best way to deal with spam is to put it in perspective. By its nature, e-mail feels deeply personal; it's intrusive and irritating to get junk mail in your in-box. But how many pieces of spam do you get each day, anyway? Is it really so terrible? When you compare spam with telemarketing, AM radio ads, junk postal mail, newspaper advertising, and TV advertising, e-mail spam seems less invasive. It doesn't require killing trees, you don't have to sit patiently while it screams at you until West Wing comes back on, and it doesn't interrupt your dinner. When it comes right down to it, spam probably isn't worth getting your blood pressure up.

## Sit Down and Relax, You Deserve it!

Courtesy of FSIA, these brand new Horizon Park Benches are waiting for FSIA members' enjoyment once Covid is behind us.



## 5 Tips for Finances During Covid

### **Tip #1. It's All in the Search: Find a Financial Professional**

To find an adviser or financial professional, trust is important. If possible, ask friends and family for recommendations. If that's not an option, your bank may offer financial planning services

### **Tip #2. Resist Temptation: Commit to a Monthly Budget**

Things are instantly available at the click of a button, then delivered direct to our doorsteps overnight. There's true power in a monthly budget to track your spending habits, prioritize where your money goes and to keep your expenses under control.

### **Tip #3. Pay Yourself First: Make Saving a Habit**

Once you have your monthly budget, make savings your No. 1 line-item. Pay yourself first — even if it's just a few dollars a month. As you scale back on other expenses, pay off student loans or credit card debts, all of this extra money can go straight into your savings too

### **Tip #4. Time is Money: Maximize Tax Deferral**

Start by automatically contributing to a tax-deferred qualified plan at work, such as a 401(k). This allows you to invest pretax dollars in a variety of mutual funds

### **Tip #5. Think Long Term: Manage Risks and Returns**

While you're still accumulating savings, and your retirement is decades away, it can be worth taking on market risk now to build more wealth in the long term. wealth in the long term.



## Vehicle Safety



Car theft has been increasing in our neighborhood so please take extra care to avoid car break-ins.

Secure your car keys

Hide your valuables

Install a car alarm

Install a steering lock

Park in safe places such as garages or under street lights.

Use a GPS based vehicle protection service or install outdoor security cameras.

## BOARD OF DIRECTORS

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## OFFICE SERVICES

Monday, Wednesday, Friday 9:30am to 1:00pm 649 Parkview Circle By appointment only  
(650) 359-5075

office@fairmontassociation.com

\*Mail must be sent to  
P.O. Box 1052,  
Pacifica, CA 94044



## Holiday Lights **Display Winners**



*186 Catalina Avenue*

*235 Golden Bay Drive*



## Join the Architectural Committee!

We are looking for new and veteran neighbors who would like to join the architectural committee. This team is tasked with evaluating and providing input to the board on any and all home-improvements and home maintenance issues and is a great way to service our community and keep our neighborhood looking great. This is also a great way to meet neighbors, volunteer, and even build your resume!

## Ana Maria Araneda-Madanat

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Please contact me for your Real Estate needs. Fairmont Resident for over 25 Years!  
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# Final thoughts

During these unnerving times, we encourage all of FSIA residents to stay abreast of all mandated regulations. Visit <https://cmo.smcgov.org/covid-19-resources> and please, stay home whenever possible.

## Important Numbers

EMERGENCY Fire, Police, Ambulance: 911

NON-Emergency Fire, Police: 650-738-7314

Airport Noise Reporting: 650-821-4736

BART Information: 650-992-2278

Pacifica City Hall: 650-738-7300



*coming soon*



*In the Next Issue*

Summer Schedule

Cleaning Garages

Decluttering Your Home

Duties of the HOA

## FAIRMONT SUBDIVISIONS IMPROVEMENT ASSOCIATION

P.O. Box 1052, Pacifica, CA 94044

Board Meetings Monthly

2nd Tuesdays of the month - 7:00pm

Association Office: 649 Parkview Circle (no mail accepted at this address)

All residents welcome!

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